

10 Environmental Rules to consume less and save our Earth

1. RECYCLE: waste sorting of plastic, glass, paper and aluminum is very simple. By separating the packing of every product you'll reduce the volume of your garbage.



2. USE THE CAR AS LITTLE AS POSSIBLE: walk to school or work if you can, use the bicycle as possible, use public services and car sharing

3. DON'T WASTE WATER: turn the tap off while you're brushing your teeth, have a shower instead of bath and install flow reducers to the taps to save 50% of water. Do not let the faucet run when washing hands, vegetables, dishes.

4. SWITCH OFF THE ELECTRICAL APPLIANCES YOU'RE NOT USING: for example, a TV on stand-by consumes 105 kW/h, a turned on TV consumes 130 kW/h

5. USE FLUORESCENT LAMPS: they consume 75% less of energy and last 10 times more than traditional light bulbs

6. INSTEAD OF USING PLASTIC BAGS USE CLOTH BAGS



7. COMPOST VEGETABLE SCRAPS

8. **DON'T BUY PLASTIC BOTTLES FOR WATER:** install a filter to your faucet to purify water.

9. **DON'T USE "USING AND THROW" PLATES, FORKS, GLASSES AND TABLECLOTHS**

10. **USE THE WASH-MACHINE AND THE DISHWASHER ONLY WHEN IT'S FULLY LOADED :** you'll reduce the consumption of water and electricity you need to make them work.

